

# GLUTEN FREE MENU

## SANDWICHES

Gluten-free bread | Served with house coleslaw & salad | Add soup or Chips / £2

Available from 11am - 5pm

<b>STEAK</b> Aberdeen angus fillet, onions, mushrooms, mixed leaves, Dijon mayo, ciabatta	£9.95	<b>MEDITERRANEAN VEG (v)</b> Roast vegetables, smoked paprika mayo, flatbread	£8.95
<b>TUNA MELT</b> Tuna mayo, mature Scottish cheddar, mozzarella, ciabatta	£8.95	<b>CHEDDAR, TOMATO, ONION (v)</b> Scottish Cheddar, tomato, red onions, mixed leaves, granary	£7.95
<b>AVENUE CLUB</b> Chargrilled chicken, bacon, lettuce, tomato, red onion, mayo, ciabatta	£9.95	<b>PRAWN</b> North Atlantic prawns, marie rose mixed leaves, granary	£8.95

## LUNCH MENU

2 Courses £12.95 | Available 11am - 4pm

### STARTERS

**LENTIL SOUP**  
Wedge of gluten free bread

**PRAWN COCKTAIL**  
Gluten free bread

### MAINS

**CHILLI**  
Rice, flatbread

**PAN FRIED SEABASS**  
Creamy mash, smoked paprika cream sauce

**HADDOCK AND CHIPS**  
Pan-fried, skin on chips, peas, tartare, lemon

**RISOTTO (v) (g/f)**  
Asparagus, cherry tomato, peppers (v/g option available)

## MAINS

<b>CHILLI CON CARNE</b> House chilli con carne, steamed rice, flatbread, sour cream	Small   Main £7.95   £10.95	<b>HADDOCK &amp; CHIPS</b> Pan-fried North Sea haddock, skin on chips,peas, tartare, lemon	Small   Main £8.95   £12.95
<b>MAC &amp; CHEESE (v)</b> Served with fries or garlic bread	£7.95   £11.95	<b>PAN FRIED SEA BASS</b> Line caught sea bass, truffled potatoes, lemon and caper drizzle, charred lemon	£10.95   £16.95
<b>ATLANTIC MACARONI</b> Smoked haddock, fries or garlic bread	£8.95   £12.95	<b>STEAKS</b>	
<b>RISOTTO (v)</b> Asparagus, cherry tomato, peppers, parmesan (v/g option available)	£7.95   £10.95	<b>8OZ SIRLOIN</b>	£18.95
<b>SMOKED HADDOCK RISOTTO</b> Peas, poached egg	£8.95   £11.95	<b>8OZ FILLET</b>	£23.95
		Served with twice-cooked skin on chips, chargrilled Portobello mushroom, slow roast vine cherry tomatoes	

## SLIDERS / BURGERS

Choose from 100% Aberdeen Angus, Chicken or Cajun Chicken

Served on a Gluten-free brioche bun with hand cut chips

**BEEF BURGERS MAY CONTAIN TRACES OF GLUTEN IN SEASONING**

<b>CLASSIC</b> Choose your meat	Slider   Burger £4.95   £9.95	<b>THE HALLOUMI (v)</b> Meat out, Halloumi in	Slider   Burger £5.95   £10.95
<b>ARRAN</b> Mature Scottish cheddar	£5.95   £10.95	<b>CLASSIC VEGGIE (vg)</b> Chargrilled mushroom & spinach burger, gluten & dairy free bun	£10.95
<b>MEXICAN</b> House chilli, jalapeños, salsa	£5.95   £12.95		

## TO START / TAPAS / ON THE SIDE

We suggest 1 to start or 3 for main

<b>LENTIL SOUP(v)</b> Gluten-free bread	£4.75	<b>ROAST SEASONAL VEG (vg)</b>	£2.95
<b>AVENUE PRAWNS</b> King prawns, chorizo, chilli oil, aioli, gluten free bread	£7.95	<b>HOUSE SALAD (vg)</b>	£3.95
<b>PRAWN COCKTAIL</b> North Atlantic prawns, marie mayo, mixed leaves, gluten free bread	£5.95	<b>NACHOS (v)</b> Smoked paprika tortilla chips, mozzarella, guacamole, salsa, sour cream, jalapenos	£4.95
<b>CHILLI CON CARNE</b> Served with basmati rice,flatbread, sour cream	£4.95	<b>Add chilli</b>	£2
<b>GARLIC CIABATTA BREAD (v)</b> Add cheese £1	£3.95	<b>CRISPY CHICKEN WINGS</b>	£5.95
<b>HAND CUT CHIPS (vg)</b>	£3.95	<b>MAC &amp; CHEESE (v)</b>	£4.95
		<b>RISOTTO (v)</b> Asparagus, cherry tomato, peppers (v/g option available)	£4.95

## DESSERTS

<b>STRAWBERRY SUNDAE</b> Strawberry & vanilla ice cream, strawberries, raspberry sauce	£5.95	<b>CHOCOLATE &amp; COCONUT TART (vg)</b>	£5.95
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## HOT DRINKS

<b>AMERICANO</b>	£2.45
<b>CAPPUCCINO</b>	£2.65
<b>FLAT WHITE</b>	£2.65
<b>LATTE</b>	£2.65
<b>ESPRESSO</b>	£1.80
<b>MOCHA</b>	£2.95
<b>HOT CHOCOLATE</b>	£2.95
<b>TEA</b>	£2.00
<b>HERBAL TEA</b> Ask your server for flavours	£2.45

## LIQUEUR COFFEE

Americano, sugar, cream with your choice of tipple

<b>IRISH</b> Jamieson's	£4.95
<b>ITALIAN</b> Dissaronno	£4.95
<b>CARRIBEAN</b> Kracken	£4.95
<b>FRENCH</b> Courvoisier	£4.95
<b>KENMURE</b> Bailey's	£4.95

We can cater for a number of dietary requirements, and we ask that you please let your server know if you have any allergies. We can also offer a selection of our dishes without gluten, ask us for more information.

## DRAUGHT

Tennents	£3.90
St.Mungo's	£4.75
Innis & Gunn	£4.75
Menebrea	£4.75
Stella	£4.25
Guinness	£4.20
Caledonian Best	£3.75
Magners	£4.15

## BOTTLES

Budweiser	£3.60
Peroni	£3.90
Corona	£3.90
Coors Light	£3.60
Blue Moon	£3.95
I&G Original	£3.95
Rekordelig	£4.50
Strawberry & Lime / Wild Berry	
Passion Fruit	

## VODKA

Smirnoff	£3.00
Smirnoff Vanilla	£3.40
Grey Goose	£3.60
Belvedere	£3.95

## GIN

Gordon's	£3.00
Tanqueray	£3.50
Bombay Sapphire	£3.50
Hendricks	£3.50
Caorunn	£3.60
Makar	£3.60
The Botanist	£3.60
Sipsmith	£3.60
Martin Miller's	£3.60
Eden Mill Original	£3.60
Glaswegin	£3.75
Rock Rose	£3.75
Bathtub	£3.80

## WHISKY

Grouse	£3.00
Bells	£3.00
Talisker 10YO	£3.95
Jura Origin 10YO	£3.95
Auchentoshan 12YO	£3.95
Dalwhinnie 15YO	£3.95
Highland Park 12YO	£4.25
Glenfiddich 12YO	£3.95
Glenmorangie	£3.95
Laphroaig 10YO	£4.25
Glenlivet 12YO	£3.95

## FLAVOURED GIN

Gordon's Premium Pink	£3.50
Larios Rose	£3.60
Brockmans Premium	£3.60
Eden Mill Love	£3.75
Tanqueray Flor de Sevilla	£3.60
Boe Violet	£3.75
Boe Passionfruit	£3.75
Caorunn Raspberry	£3.60
Whitley Neil	£3.75
Rhubarb & Ginger / Blood Orange	

## BOURBON

Jack Daniels	£3.20
Woodford Reserve	£3.80
Maker's Mark	£3.60
Gentleman Jack	£3.60
Jack Daniels Honey	£3.60

## RUM

Bacardi	£3.20
Havana Club	£3.40
Havana Club Especial	£3.60
Captain Morgan Spiced	£3.00
Captain Morgan Dark	£3.20
Kraken Black Spiced	£3.60

## NON ALCOHOLIC

<b>BOTTLES &amp; CANS</b>	
Coke 330ml	£2.55
Diet Coke 330ml	£2.55
Coke Zero 330ml	£2.55
Irn Bru 330ml	£2.55
Diet Irn Bru 330ml	£2.55
Fanta 330ml	£2.55
J2O 330ml	£2.65
Appletiser 330ml	£2.55
Red Bull 200ml	£2.90
Strathmore Still 330ml	£2.25
Strathmore Sparkling 330ml	£2.25
Simply Fruity	£1.50

Peroni Zero 330ml	£3.90
Erdinger AF 500ml	£3.95
Kopparberg 500ml	£3.95

12oz | 20oz

Coke / Diet Coke	£2.35   £3.35
Lemonadea	£2.35   £3.35
Orange & Lemonade	£2.65   £3.45
Fruit juices	£2.65   £3.45
Orange / Apple	
Pineapple / Cranberry	
Milk	£1.75   £2.75

## COCKTAILS

<b>Mojito</b>	£7.50	<b>Avenue Drumstick</b>	£7.50
Bacardi, fresh mint, lime, soda		Vanilla Vodka, Chambord, Cranberry Juice	
<b>Raspberry Mojito</b>	£7.95	<b>Porn Star Martini</b>	£7.95
Bacardi, fresh mint, lime, raspberry purée soda		Vanilla Vodka, Passosa, Mango & Passionfruit juice, Prosecco shot	
<b>Dark Mojito</b>	£7.50	<b>Frozen Porn Star</b>	£7.95
Dark rum, fresh mint, lime, soda		<b>Bloody Mary</b>	£7.50
<b>Pink Gin Mojito</b>	£7.95	Vodka, tomato juice, chilli, pepper	
Pink Gin, fresh mint, lime, strawberries, soda		<b>Woo Woo</b>	£7.50
<b>French Martini</b>	£7.50	Vodka, Peach Schnapps, lime, cranberry juice	
Vodka, Chambord, Pineapple juice		<b>Strawberry Woo Woo</b>	£7.95
<b>Espresso Martini</b>	£7.95	Vodka, Peach Schnapps, strawberry purée, lime, cranberry juice	
Vodka, Kaluha, fresh coffee		<b>Strawberry Daiquiri</b>	£7.95
<b>Cosmopolitan</b>	£7.50		
Vodka, Cointreau, Cranberry Juice			

## MOCKTAILS

<b>Long Island Ice Tea</b>	£7.50	<b>Passionfruit Martini</b>	£3.95
Vodka, Bacardi, Cointreau, Gin, Tequila, Coke		<b>Mojito</b>	£3.95
<b>Old Fashioned</b>	£7.95	<b>Raspberry Mojito</b>	£3.95
Woodford Reserve, sugar syrup, bitters, ice		<b>Strawberry WooWoo</b>	£3.95
<b>Pink Spritz</b>	£7.95	<b>Strawberry Daiquiri</b>	£3.95
Pink Gin, Prosecco, soda, strawberries, ice		<b>Frozen Passionfruit Martini</b>	£3.95
<b>Raspberry Spritz</b>	£7.95		
Chambord, Rose wine, raspberries, soda, ice			
<b>Aperol Spritz</b>	£7.95		
Aperol, Prosecco, soda, orange, ice			
<b>Blood Orange Spritz</b>	£7.95		
Blood Orange Gin, Prosecco, soda, orange, ice			

## WINE LIST

### WHITE WINE

**Very dry, delicate, light white**

1. <b>Pinot Grigio, Solstice   delle Venezie   Italy</b>	17.95
Fresh, crisp with subtle notes of citrus and pear fruit.	
Available by the glass 125ml / 175ml / 250ml	3.55 / 4.95 / 6.25
2. <b>Rioja Blanco   Don Jacobo   Bodegas Corral   Spain</b>	20.95
Fresh, dry, crisp and modern, from this classic Spanish region using the local Viura grape.	
3. <b>Picpoul de Pinet   Reserve Sainte-Anne   France</b>	24.95
Citrusy southern French white made from the Picpoul grape.	
<b>Dry, herbaceous or aromatic white</b>	
4. <b>Sauvignon Blanc   Short Mile Bay   SE Australia</b>	17.95
Clean tropical notes of passion fruit with a herbaceous grassy lift, followed by a crisp finish.	
Available by the glass 125ml / 175ml / 250ml	3.55 / 4.95 / 6.25
5. <b>Sauvignon Blanc   Southern Rivers Marlborough   New Zealand</b>	24.95
Fresh and crisp with classic characters of gooseberry and tropical flavours.	
<b>Juicy, fruit-driven, ripe white</b>	
6. <b>Chardonnay   Between Thorns   SE Australia</b>	17.95
Tropical aromas, followed by flavours of juicy nectarine and peach.	
Available by the glass 125ml / 175ml / 250ml	3.55 / 4.95 / 6.25
7. <b>Panuelo Blanco   Spain</b>	15.95
Ripe and fruity, with notes of melon and pear.	
Available by the glass 125ml / 175ml / 250ml	2.95 / 4.45 / 6.25

Vintages may vary.

### ROSÉ WINE

**Dry, elegant rosé**

8. <b>Pinot Grigio Rosé   Solstice   delle Venezie   Italy</b>	17.95
Refreshingly dry with notes of strawberry fruit.	
Available by the glass 125ml / 175ml / 250ml	3.55 / 4.95 / 6.25
<b>Rich, fruity rosé</b>	
9. <b>White Zinfandel   Wicked Lady   California, USA</b>	17.95
Medium-sweet, with delicious raspberry and strawberry flavours.	
Available by the glass 125ml / 175ml / 250ml	3.55 / 4.95 / 6.25

Vintages may vary.

### RED WINE

**Juicy, medium-bodied, fruit-led red**

10. <b>Merlot, Monte Verde Central Valley, Chile</b>	17.95
A supple and intensely juicy style with intense flavours of ripe red berries and plums.	
Available by the glass 125ml / 175ml / 250ml	3.55 / 4.95 / 6.25
11. <b>Panuelo Tinto   Spain</b>	15.95
Ripe red and dark berry fruit flavours, with a soft, supple finish.	
Available by the glass 125ml / 175ml / 250ml	2.95 / 4.45 / 6.25
12. <b>Rioja Crianza   Don Jacobo   Bodegas Corral   Spain</b>	23.95
Layered vanilla cream with ripe ready-to-burst red berries.	
<b>Spicy, peppery, warming red</b>	
13. <b>Malbec   Lunaris by Callia   San Juan   Argentina</b>	17.95
Enticing aromas of cherry, plum with a background of warming spice, with freshness to the finish.	
Available by the glass 125ml / 175ml / 250ml	3.35 / 4.95 / 6.25
14. <b>Shiraz   Short Mile Bay   SE Australia</b>	17.95
Rich berry fruit on the palate and a pinch of pepper spice so typical of Shiraz.	
Available by the glass 125ml / 175ml / 250ml	3.55 / 4.95 / 6.25
15. <b>Passori Rosso   Veneto   Italy</b>	25.95
Rich, smooth red wine, showing plum and dried fruit followed by notes of spice and vanilla.	

### SPARKLING WINE

16. <b>Prosecco Extra Dry   Galanti   Italy</b>	£23.95
Shows the typical fruit spectrum of apple and pear with a hint of peach; followed by a fine, persistent, soft fizz.	
Available by the glass 175ml	£6.95
17. <b>Spumante Rosé   Galanti   Italy</b>	£23.95
Light, carnation-pink coloured rosé with generous raspberry and strawberry fruit.	
18. <b>Prosecco Brut   Bottega Gold   Italy 20cl</b>	£7.95
Williams pear, acacia flowers and lily of the valley.	
19. <b>Prosecco Rosé Brut   Bottega Gold   Italy 20cl</b>	£7.95
Mixed red berries alongside floral and white fruit aromas.	
20. <b>Taittinger Brut Réserve   Champagne   France</b>	£49.95
Dry and elegant, subtly biscuity.	
21. <b>Laurent-Perrier Cuvée Rosé Brut   Champagne   France NV</b>	£79.95
Soft, fruity, fragrant and dry.	